

# HELP STOP THE SPREAD OF GERMS



## KEEP EACH OTHER SAFE!

Cover your mouth and nose with a mask to help stop the spread of germs.

## WASH YOUR HANDS A LOT!

Wash with soap and water for at least 20 seconds, especially before eating.

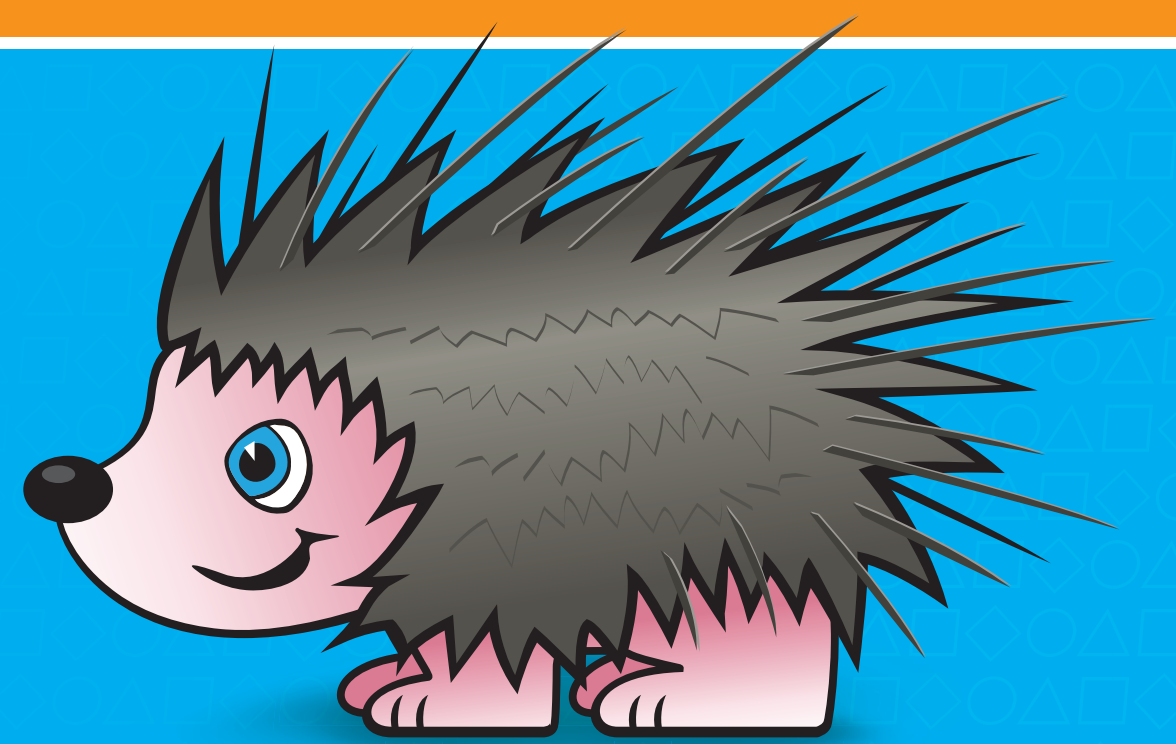


## AVOID TOUCHING YOUR FACE!

Do not touch your eyes, nose or mouth with dirty hands.

## DON'T GET TOO CLOSE!

Leave space between you and others.



## COVER YOUR COUGH OR SNEEZE!

Use a tissue or cough into your elbow, not your hands.